April 2, 2021

Dear Students, Staff and Families,

As you are making plans for the upcoming school vacation, we encourage you to be informed about current travel guidelines. The CDC continues to emphasize the importance of limiting our interactions and travel at this time.  If you choose to travel during April break you will be required to adhere to the following rules:

**Exemptions from testing or quarantine are available for:**

* Travel to New Hampshire, Vermont, Connecticut, Rhode Island, or Massachusetts
* Individuals that have had COVID-19 in the previous 90 days or are fully vaccinated against COVID-19.

**Domestic travel to Non-Exempt States:**

* Complete a 10-day quarantine upon arrival in Maine and continue to monitor for signs and symptoms for an additional 4 days OR
* Obtain and receive a negative COVID-19 antigen or molecular test result within 72 hours prior to arrival back into Maine to forgo the 10-day quarantine.
* Travelers may be tested upon arrival in Maine as well but must quarantine while they wait for test results. A negative COVID-19 antigen or molecular test result will allow the traveler to leave quarantine early.

**International Travel:**

The current risk assessment level for COVID-19 is very high for nearly every country.  Any staff or students who have travelled internationally will not be permitted inside the school building for a minimum of 7 days, even if a negative test has occurred.  Staff and students can return to school after they:

* Get tested 3-5 days after travel and receive a negative test result AND stay home and self-quarantine for 7 days.  If the test is positive, isolate for 10 days.
* Do not get tested and stay home for 10 days.
* Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.

Returning to school after travel is not dependent on the length of time spent within the restricted states or other countries, meaning that a day visit still requires a quarantine time and/or test.

Please continue to follow best practice safety protocols: wear a mask, keep physical distance, wash your hands, and monitor for symptoms. Thank you for helping us keep the school safe and open for in-person instruction.

Sincerely,

Matt Newberg

Head of school